

James Heavner Remembered: A Man of Virtue and Action

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Disclaimer

- “The vast array of relationships, and the multiplicity of interests served, greatly exceed the possibilities that can be anticipated by legal structures and codes of conduct expressed at a high level of generality...It is difficult to formulate rules that apply in all conceivable contexts.”

The Royal Australasian College of Physicians (2005).

- Trust
- Compassion
- Kindliness
- Promise

Keeping

- Truth Telling
- Doing No Harm
- Integrity
- Humility

*The mind denies that
which it cannot
understand.*

*In valuing the mind
as much as we do,
we have a tendency
to deny mystery,
to deny the spiritual.*

Rachel Naomi Remen

1988

A Blessing

May the light of your soul guide you.

May the light of your soul bless the work you do with the secret love and warmth of your heart.

May you see in what you do the beauty of your own soul.

May the sacredness of your work bring healing, light and renewal to those who work with you and to those who see and receive your work.

May your work never weary you.

May it release within you wellsprings of refreshment, inspiration and excitement.

May you be present in what you do.

May you never become lost in the bland absences.

May the day never burden.

May dawn find you awake and alert, approaching your new day with dreams, possibilities and promises.

May evening find you gracious and fulfilled.

May you go into the night blessed, sheltered and protected.

May your soul calm, console and renew you.

**Look to this day,
For it is life,
The very life of life.
In its brief course lie all
The realities and verities of existence,
The bliss of growth,
The splendor of action,
The glory of power—**

**For yesterday is but a dream
And tomorrow is only a vision.
But today, well lived,
Makes every yesterday a dream of happiness
And every tomorrow a vision of hope.**

Look well, therefore, to this day.

Sanskrit Proverb

**To live content with small means;
To seek elegance rather than luxury,
And refinement rather than fashion;
To be worthy, not respectable,
And wealthy, not rich;
To listen to stars and birds, babes and
sages
With open heart;
To study hard;
To think quietly, act frankly, talk gently,
Await occasions, hurry never;
In a word, to let the spiritual,
Unbidden and unconscious,
Grow up through the common—
This is my symphony.**

William Henry Channing

*When we see our hands
doing the work of our hearts,
the circle of creation
is completed inside us,
the doors of our souls fly open,
and love steps forth to heal
everything in sight.*

- Michael Bridge

Being Good

“Can you tell me, Socrates, is virtue something that can be taught? Or does it come by practice? Or is it neither teaching nor practice that gives it to a man, but natural aptitude or something else?”

Reflection

“Things fall apart; the center cannot hold;
Mere anarchy is loosed upon the world
The best lack all conviction, while the worst
Are full of passionate intensity.”

*WILLIAM BUTLER YEATS,
THE SECOND COMING*

We shall not cease from exploration
And at the end of all our exploring
Will be to arrive where we started
And know the place for the first time.

T.S. Eliot

Pellegrino and Thomasma (1993) equate the virtue of integrity with the values we cherish and espouse. They comment: “Each of us in a real sense is defined by the particular configuration of values we have chosen as our own.”(p.130)